

# 'Sader Soccer Camp

By Casey Brown Soccer Academy

## EMERGENCY CONTACT INFORMATION

**CAMP DIRECTOR:**

Casey Brown  
508-793-3624 (OFFICE)  
617-686-0112 (CELL)

**HEALTH CARE CONSULTANT:**

Dr. James B. Broadhurst, MD  
UMass Memorial Health Care  
Shrewsbury Family Practice  
604 Main Street  
Shrewsbury, MA 01545  
508-842-6502

**HEALTH CARE SUPERVISOR:**

Alicia Caswell, MS, ATC, LAT  
College of the Holy Cross  
Associate Head Athletic Trainer  
508-793-2627

## EMERGENCY PHONE NUMBERS

**AMBULANCE/FIRE/POLICE:**

College of the Holy Cross Police Department  
*Please Note: Holy Cross Police will notify appropriate  
emergency divisions as needed with Worcester  
Police/Fire Departments*  
Non-Emergency: 508-793-2224  
Emergency: 508-793-2222

**HOSPITAL:**

UMass Memorial Health Care  
Memorial Campus  
119 Belmont Street  
Worcester, MA 01605  
508-334-6475 (PATIENT INFORMATION)  
508-334-6481 (EMERGENCY DEPARTMENT)



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## **PROCEDURE FOR STAFF BACKGROUND REVIEW**

Each staff person shall have a background free of conduct, which bears adversely upon his or her ability to provide for the safety and well being of the campers. The Director shall determine whether each staff person's conduct, criminal or otherwise, shall disqualify that person from employment at the academy.

Criminal background checks will be conducted by the Human Resources Department and the Public Safety Office at the College of the Holy Cross.

## **CAMP PHILOSOPHY**

Provide a camp that is fun-centric and creates an environment that all individuals regardless of level can learn and enjoy the game of soccer.

## **RULES/SAFETY/PROTOCOL**

- College of the Holy Cross is under the 24/7 supervision of the Campus Police Department
- All dorms are swipe access only which all staff members will carry
- Campers are never to be walking around campus alone
- 3 Person Rule: Staff will never be alone with a camper (+ 1 staff or +1 camper)
- Staff will never touch a camper, other than high fives/ fist pounds



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## CODE OF CONDUCT

Each camper has a responsibility to act in a way that assures a positive experience for all.

- Campers are responsible for their words and actions.
- Campers shall be respectful of others.
- Campers shall follow directions from all staff members
- See Prohibited Behavior list for more detailed expectations.

## PROHIBITED BEHAVIOR

- Endangering the health and safety of themselves, other campers, and/or staff members.
- Stealing, damaging, or failing to care for the College's property.
- Continual disruption of the program.
- Refusal to follow the Code of Conduct.
- Inappropriate physical contact.
- Using profanity or inappropriate language or displaying clothing or other personal items with offensive content.
- Bullying or acts of aggression or violence.
- Possession or use of illegal substances, tobacco, or alcohol.
- Possession of weapons – any object that may cause harm to another, or place another person in fear of their safety, may be considered a weapon.
- Campers may not transport other campers while on campus.
- Campers may not leave the College property during the program (unless given written consent from a parent/guardian beforehand to do so at a scheduled time/location).
- Campers may not enter another Camper's bedroom without prior invitation by that Camper.
- Guests of campers are not allowed for the duration of the camp. Parents/Guardians may come (if needed and pre-planned with the Camp Director).



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## CAMP DISCIPLINE POLICY

- There will be no corporal punishment, including spanking. Inappropriate touching will not be tolerated.
- No camper shall be subjected to crude or severe punishment, humiliation, or verbal abuse, nor be denied food, shelter or water as a form of punishment.
- No camper shall be punished for soiling, wetting or not using the toilet.
- At the beginning of camp, basic rules of behavior and the Code of Conduct will be discussed with all campers. If a camper is acting up, a staff member will speak to the camper about the unacceptable behavior and will redirect them to a more appropriate behavior and they will be reminded of the Code of Conduct. If the behavior persists, the staff member will make the Camp Director aware, who will then discuss with a parent/guardian.
- If a situation arises that is dangerous to the camper or others, the Camp Director will be notified immediately.
- All disciplinary problems will be reported to the Camp Director.
- A record will be kept of camper misbehavior, noting date, time and camper/staff involved in incident.
- Parents will be notified in the case of consistent problems with a camper.
- Campers will be sent home if they are a threat to, consistently disrespectful to staff or fellow campers, or if they present continued discipline problems
- The camp administration and staff reserve the right to bypass any one or more of the above disciplinary steps, depending on the severity of the camper's behavior and the impact it may have on the safety and experience of the camper, other campers, and the camp staff.
- Campers are subject to discipline, up to and including removal from, or suspension of participation in, the 'Sader Soccer Camp, without refund, for any violation of the Code of Conduct or any other College or 'Sader Soccer Camp rule.



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## ATTENDANCE POLICY

Staff members will constantly be aware of where their campers are at all times with scheduled attendance being taken before and after moving between locations as well as for an evening bed check.

If there is a camper missing, the Camp Director, Casey Brown, will be notified as quickly as possible and will initiate the Lost Camper Plan.

## PLAN FOR ADMINISTERING & RECORDING THE DISPENSING OF PRESCRIPTION MEDICATION

Prescription medication labels must be in the original container, include the players' name, physician and pharmacy name, the dosage and the date. The prescription must have a current date printed on it. The parent/guardian must sign the Authorization to Administer Medication to a Camper form and turn in the completed form.

The Health Care Supervisor will administer all medications under oversight by the Health Care Consultant. Exceptions of this policy will allow players with a known allergy or pre-existing medical condition, for whom an Epi-pen or inhaler has been prescribed, or who has an insulin pump, to be medicated by someone other than the Health Care Supervisor, including self-administered. In addition, if authorization by the parent/guarding and Health Care Consultant is given, the camper may carry these devices with them at all times, and use them if required. No other medications will be allowed to be self-administered.

All medications are to be kept in their original containers. Directions for giving non-prescription medication must be clearly specified in writing along with a statement from the Parent/Guardian giving permission for the Health Care Supervisor to administer it.



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The Health Care Supervisor will inform the Health Care Consultant of any prescription medicines that will be dispensed. The Health Care Consultant shall acknowledge in writing, a list of all prescription medications administered.

Unused medicine will be given to the parent/guardian at the conclusion of the camp. Any medicine that cannot be returned will be destroyed by the Health Care Supervisor.

## **ALLERGIES**

Camper parents/physician are required to notify the Director of 'Sader Soccer Camp by Casey Brown Soccer Academy of any food or other allergies that the camper participant may have in the registration process.

## **PLAN FOR MILDLY ILL/INJURED CAMPER**

A mildly ill camper will be brought to a quiet location, away from the others where they can rest and be monitored by the Health Care Supervisor or an assigned staff member. The Athletic Training Room in the Hart Center shall be identified as the infirmary during the day. For an overnight camper, in the evening, a room will be set aside in the dorm that can be used as the isolation area for an ill player. For any non-emergency illness/injury, the Health Care Consultant will be available to discuss the case with the Health Care Supervisor. The Health Care Consultant will be available to evaluate any camper as needed. If the Health Care Consultant, or a designee of the Health Care Consultant is needed for evaluation, the parent/guardian will be notified by the Health Care Supervisor.



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## OVERNIGHT CAMPER PACKING LIST

- ✓ Linens for twin bed and pillow
- ✓ Towels
- ✓ Flip Flops (to wear in the showers if desired/for Pool Area)
- ✓ Cleats
- ✓ Flat Indoor Shoes/ Running Sneakers
- ✓ Ball
- ✓ Sunscreen
- ✓ Water Bottle
- ✓ Alarm Clock/Phone w/Phone Charger
- ✓ Fan (the dorms are not air conditioned)
- ✓ Cash for Camp Store – gear, snacks, pizza, waters & Gatorade available
- ✓ Soccer training shorts and shirts
- ✓ Soccer Socks
- ✓ Casual clothes for off field time
- ✓ Warm Ups/Sweats
- ✓ Rain Gear (Jacket/Pants)
- ✓ Swim Wear/Towel for Pool Time (if you want!)



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## DAY CAMPER PACKING LIST

- ✓ Cleats
- ✓ Flat Indoor Shoes/Running Sneakers
- ✓ Ball
- ✓ Sunscreen
- ✓ Water Bottle
- ✓ Rain Gear (Jacket/Pants) if weather is showing rain
- ✓ Swim Wear/Towel for Pool Time (if you want!)
- ✓ Flip Flops for Pool Area
- ✓ Snack
- ✓ Cash for Camp Store – gear, snacks, pizza, waters & Gatorade available





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## SAMPLE SCHEDULE – OVERNIGHT CAMPER

### Sunday

1:00-2:30	PM	Registration/Move-In
2:30	PM	All Player & Staff Opening Meeting (Parents Welcome)
2:30-5:15	PM	Training session warm up and technical ball work
5:15-6:00	PM	Free Time
6:00-7:00	PM	Dinner
7:30-9:30	PM	Evening Activity
10:00	PM	Lights Out

### Monday & Tuesday

7:00-8:30	AM	Breakfast
9:00-11:30	AM	Morning Session
11:30-12:30	PM	Lunch
12:30-1:30	PM	Afternoon Activity/Talent Show
1:30-4:00	PM	Afternoon Session/Pool
4:00-5:00	PM	Free Time
5:00-6:00	PM	Dinner
6:45-8:30	PM	Evening Games
10:00	PM	Lights Out

### Wednesday

7:00-8:30	AM	Breakfast
9:00-10:00	AM	Soccer Olympics
10:00-11:30	AM	Small Sided Tournament**
11:30-12:30	PM	Camp Closing/Departure

\*\*Parents and guests of the player are welcome to watch the final 4v4 tournament!

Note – All meals at Kimball Dining Hall on campus



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## SAMPLE SCHEDULE – DAY CAMPER

### **Sunday**

2:00-2:30	PM	Registration
2:30	PM	All Player and Staff Opening Meeting (Parents Welcome)
2:30-5:15	PM	Training session warm up and technical ball work
5:30	PM	Departure

### **Monday & Tuesday**

8:45-9:00	AM	Arrive on Campus
9:00-11:30	AM	Morning Session
11:30-12:30	PM	Lunch (provided at Kimball Dining Hall)
12:30-1:30	PM	Afternoon Activity/Talent Show
1:30-4:00	PM	Afternoon Session
4:00	PM	Departure

### **Wednesday**

8:45-9:00	AM	Arrive on Campus
9:00-10:00	AM	Soccer Olympics
10:00-11:30	AM	Small Sided Tournament**
11:30-12:30	PM	Camp Closing/Departure

\*\*Parents and guests of the player are welcome to watch the final small-sided tournament!



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## CHECKLIST OF THINGS TO DO

- Register for 'Sader Soccer Camp by Casey Brown Soccer Academy!!
- Read through all Camp Documents/Forms
- Mail In/Email Forms
  - Medical Treatment Authorization Form
  - Copy of a physical from a Physician within 1 year of CAMP date
  - Immunization Record (including MMR, IPV or OPV, DTaP/DTP/DT/Td and Hepatitis B vaccines)
  - Authorization to Administer Medication Form (if applicable – includes Advil and Tylenol)
  - Assumption of Risk and Waiver of Liability Form (DON'T FORGET PHOTO CONSENT AT BOTTOM OF FORM)
- Final Payment Due **JULY 1, 2019**

